



JD Breast Cancer Foundation Request for Young Survivors Therapeutic Seminars Facilitator *Proposals Due September 6, 2011*

JD Breast Cancer Foundation was created in honor of Jacqueline Dobransky who was a vibrant young woman when she was diagnosed with breast cancer in 1997 at the young age of 33 and died only 1 year later. During her illness, Jackie realized the need for breast cancer education and supportive services for younger women afflicted with breast cancer. The mission of the JD Breast Cancer Foundation is to provide essential services to young women with breast cancer by offering financial assistance, emotional support, and education to enhance survivorship.

JD Breast Cancer Foundation provides three areas of program services including: (1) Emergency Financial Assistance for women in active treatment for breast cancer including, but not limited to: rent assistance, mortgage payments, grocery vouchers, transportation to-and-from treatments, utility payments, etc...; (2) Education and Community Outreach as a participant in local seminars and wellness workshops and hosting an Annual Young Survivors' Symposium in October 2010 with a purpose of providing free information for younger survivors on topics such as nutrition, relaxation techniques, clinical trials, etc...; and (3) Emotional Support through support groups targeted in the central Cleveland area that include child care and are offered free of charge with a focus on a younger survivors' issues including communicating with their children, partner support, etc...

During 2010, JD Breast Cancer Foundation conducted a survey of social workers, Patient Navigators, and nurses to determine a need for a centrally located support group with a focus on a variety of topics and activities that support camaraderie, friendship and mutual support, provided free-of-charge, and targeting younger women. The response yielded a need for this type of service, thus, JD Breast Cancer Foundation is seeking to move towards implementation of a Young Survivors' Therapeutic Seminar series (YSTS). This Request for Services is designed to request proposals from potential YSTS facilitators.

The primary focus of YSTS will be the information and/or activity shared by the participants, and will not be a strict therapeutic environment, although counseling skills may be necessary for clients and through the presentation of the topics. The facilitator is not expected to present all topics and is encouraged to engage specialists and others from the community to make presentations to the group. Topics can include medical advancements and therapies, but it is hoped that food, nutrition, intimacy, relationships, financial stability, raising children and families, etc, will also be emphasized.

Through this Request for Services, JD Breast Cancer Foundation is seeking proposals from potential therapists/social workers/psychologists who would be interested in developing and facilitating a monthly seminar that would achieve the following:

- Discuss topics specific and relevant to a younger survivor: fertility, parenting, nutrition, etc...
- Create an environment of camaraderie among the participants
- Educate women about medical advances and integrative therapies
- Allows survivors to share their personal struggles and triumphs
- Includes a therapeutic approach for survivors
- Provided on-site at JD Breast Cancer Foundation offices in University Circle

Applicants should use the following outline for their proposal:

- Biography of the Applicant
- Course Outline for a 12-month Timeframe
- Creating an Environment of Caring, Sharing, and Support: How Will You Do This?
- Recruitment: Your Recommendation for Getting the Survivors
- References (Please provide 3)
- Cost Estimate including a detailed budget

Proposals should be no more than 5 pages in length using 1-inch margins and 12-point font. Attachments of previous curriculum and/or presentations you have conducted are acceptable but should be no more than 5 pages.

Recruitment will be conducted throughout the network of JD Breast Cancer Foundation social workers and Patient Navigators, University Circle partners, and via Facebook/LinkedIn. In addition, JD Breast Cancer Foundation will create flyers, press releases, website notices, and other collateral material to support survivor recruitment. JD Breast Cancer Foundation seeks to host monthly seminars that host an average of 10-15 women. Providing babysitting services is currently being reviewed and considered to support single-parent attendance. JD Breast Cancer Foundation is located in the Junior League House that includes a small kitchen and intimate sitting rooms.

Proposals are encouraged to view the current website at: www.jdbcfoundation.org

Responses are requested no later than **Tuesday, September 6, 2011 @ 5:00pm**, and may be emailed to allison.motz@att.net

JDBCF will review proposals submitted through an ad-hoc team and conduct in-person or conference call follow-up with the top three selected bidders by September 20, 2011.